

LUNCHTIME MENU

Afternoons only

SANDWICHES

Served on White or Brown bloomer. Add Chips for £1.50

CORONATION CHICKEN £8.25

Coronation Chicken, Cos Lettuce and Mango Chutney

PLOUGHMAN'S £7.95

Ham, Cheese, Mayo & Wholegrain Mustard, Mixed Leaves and Pickle

BEETROOT, VEGAN CHEESE & SALAD VG £7.75

Beetroot, Hummus, chickpeas & mixed leaves

PRAWN MARIE ROSE £8.45

served on brown or white bread with a salad garnish

CHICKEN CAESAR £8.25

Chicken, Cos Lettuce, Tomato, Cucumber and Caesar Sauce

TUNA CRUNCH £7.95

Tuna, Mayo, Red Onion and Sweetcorn

HAM & TOMATO £7.75

VEGAN CHEESE, TOMATO & PESTO VG £7.75

BACON, BRIE AND CRANBERRY £8.25

PANINIS

Add Chips for £1.50

BACON, BRIE AND CRANBERRY £8.50

PULLED PORK & CHEDDAR £8.50

TUNA, MAYO & CHEDDAR £8.50

CHICKEN, BACON & CHEDDAR £8.50

CHEDDAR, ONION AND TOMATO £8.50

VEGAN CHEESE, TOMATO & PESTO VG £8.50

JACKET POTATOES

CHEESE & BEANS £7.45

CHEESE & ONION £7.45

TUNA MAYO £7.75

CHILLI CON CARNE & CHEESE £7.95

PRAWN & MARIE ROSE SAUCE £8.45

VEGAN CHEESE & BEANS VG £7.45

SMALLER PLATES

£10.00 each or two for **£19.00**

HAM, EGG & CHIPS

SCAMPI & CHIPS with garden peas, lemon and tartare

FISH & CHIPS with garden peas, lemon and tartare

BEEF LASAGNE with garlic bread and salad

VEGETABLE LASAGNE with garlic bread and salad

CHEESE & ONION QUICHE with new potatoes and salad

MAC 'N' CHEESE with bacon and chorizo

VEGAN FISH & CHIPS (Banana Blossom) VG with lemon and tartare

MAIN MENU

STARTERS

SOUP OF THE DAY with Brown Bread **£6.95**

CREAMY GARLIC MUSHROOMS on toasted Brown Bread **£6.95**

WHITEBAIT with Mixed Leaves & Tartare Sauce **£7.45**

PRAWN COCKTAIL with Brown Bread & Butter **£7.95**

FARMHOUSE PATE with Granary Toast **£7.45**

MISS WENNA BAKED BRIE topped with figs, walnuts and maple syrup served with bread for dipping **£8.95**

PIZZAS

12 inch stone Baked Pizza on a Tomato or BBQ base **£13.50**

Choose three of the following toppings or add more at 75p each:

**HAM PEPPERONI SWEETCORN TOMATOES PINEAPPLE RED ONION
TUNA MUSHROOMS MIXED PEPPERS CHICKEN CAPER & OLIVES
VEGAN CHEESE**

SHARERS

BAKED CAMEMBERT

Bread, Celery, Salad and Chutney
£12.95

CHILLI NACHOS

Guacamole, Salsa and Sour Cream
£12.95

FISH DISHES

FISH PIE

Garden Peas and Lemon Wedge
£16.95

SEAFOOD PLATTER

Selection of fried Fish, Chips,
Salad and Tartare Sauce
£18.95

FISH & CHIPS

Salad Garnish, Lemon,
Garden Peas and Tartare Sauce
£16.95

SCAMPI & CHIPS

Salad Garnish, Lemon,
Garden Peas and Tartare Sauce
£16.95

PAN FRIED SALMON

Served on crushed new potatoes,
with green beans and a
prawn & caper butter sauce
£19.95

CLASSICS

PIE OF THE DAY

Chips or Mash, Garden Peas and Gravy

£16.95

BEEF LASAGNE

Dressed Salad and Garlic Bread

£15.95

HAM, EGG & CHIPS

£13.95

MAC AND CHEESE

Bacon, Chorizo and Garlic Bread

£14.95

CHICKEN & BACON PASTA

with Garlic Bread

£15.95

SMOTHERED CHICKEN

Chicken Breast covered in a rich peppercorn sauce served with chips & a dressed salad

£16.95

FABULOUS ROAST

Available every Sunday 12-5pm **£15.95**

BURGERS & STEAKS

KITTOW'S GAMMON STEAK

Egg, Pineapple Chips & Peas

£17.95

KITTOW'S SIRLOIN STEAK

Chips, Peas, Mushrooms,
Onion Rings and Salad Garnish

£21.95

OAK BEAST BURGER

Cheese, Bacon, Pulled Pork,
Egg, Fries, Burger Sauce

£18.95

MEXICAN BURGER

Beef Chilli, Salsa, Guacamole, Jalapenos,
Fries, Salad & Sour Cream **£18.95**

CHEESE & BACON CHICKEN BURGER

Breaded or Southern Fried Chicken Burger
served with Fries and Burger Sauce

£15.95

CHEESE & BACON BEEFBURGER

served with Fries and Burger Sauce

£15.95

HALLOUMI BURGER

Fries and Sweet Chilli Sauce

£15.95

CHICKEN FAJITAS

Wraps, Salsa, Sour Cream, Guacamole,
Grated Cheese & Chips

£16.95

VEGETARIAN & VEGAN

SPICY VEGAN BURGER

Fries, Salad & Vegan Mayo **£15.95**
add Vegan Cheese **£1**

SATAY JACK FRUIT, SWEET POTATO & SPINACH CURRY

White Rice, Naan Bread,
Mango Chutney & Popadum **£15.95**

VEGETABLE LASAGNE

Salad and Garlic Bread

£15.95

VEGAN FISH & CHIPS

Battered Banana Blossom, Chips,
Garden Peas and Tartare Sauce

£17.95

CHILDREN'S MENU

**CHICKEN NUGGETS,
4OZ BEEFBURGER,
FISH FINGERS,
PORK SAUSAGES OR
VEGETARIAN  SAUSAGES**

Served with either Chips or Mashed Potato
and Peas or Baked Beans

£8.95

PASTA BOLOGNAISE

with Garlic Bread

£7.95

MINI MARGARITA PIZZA 

with Chips and Salad

£7.95

Children's Desserts

**VANILLA, CHOCOLATE
OR STRAWBERRY ICE CREAM**

with Flake and Wafer

1 scoop £1.95

2 scoops £2.95

CHOCOLATE BROWNIE

with Vanilla Ice Cream

£3.45

SIDES

CHIPS

£3.45

CHEESY CHIPS

£4.45

CHEESE & BACON CHIPS

£5.45

LOADED FRIES

Choice of Chilli or BBQ Pulled Pork

£7.95

HALLOUMI FRIES

with Sweet Chilli Dip

£4.75

MOZZARELLA STICKS

with Chipotle Mayo

£5.45

SPICY CHICKEN WINGS

£7.95

BBQ CHICKEN WINGS

£7.95

GARLIC CIABATTA

£4.25

CHEESY GARLIC CIABATTA

£4.95

BEER BATTERED ONION RINGS

£4.95

SWEET POTATO FRIES

with Chipotle Mayo

£4.75

SIDE SALAD

£3.95

**2 SLICES BREAD
AND BUTTER**

£2.45

DESSERTS

SELECTION OF ICE CREAMS

1 scoop **£2.95** | 2 scoops **£3.75** | 3 scoops **£4.95**

Vanilla, Strawberry, Chocolate, Ice Cream of the Day or Vegan Vanilla **VG**

SORBETS

Ask Server for todays choices

CHOCOLATE BROWNIE SUNDAE **£7.45**

STRAWBERRY TART **£6.25**

Served with either Vanilla Ice Cream,
Clotted Cream or Pouring Cream

SUMMER BERRY CHEESECAKE **£6.25**

Served with either Vanilla Ice Cream,
Clotted Cream or Pouring Cream

STICKY TOFFEE SPONGE **£5.95**

Served with either Vanilla Ice Cream,
Clotted Cream or Pouring

CHOCOLATE BROWNIE **£6.25**

Served with either Vanilla Ice Cream,
Clotted Cream or Pouring Cream

CRUMBLE OF THE DAY **£5.75**

Served with either Vanilla Ice Cream,
Custard, Clotted Cream or Pouring Cream

THE ULTIMATE CHOCOLATE FUDGE CAKE **£6.45**

Served with either Vanilla Ice Cream,
Clotted Cream or Pouring Cream

LEMON CAKE **VG**

Served with Vanilla Ice Cream,
£6.25

CHEESE BOARD

Single **£7.95** | To share **£11.95**

A Selection of Cornish Cheeses served with Apple & Ale Chutney and Biscuits

CREAM TEA SPECIAL

Jam and cream scone served
with Saffron cake.

Served with Tea or Coffee

£6.95

AFTERNOON TEA

Enjoy a delicious afternoon tea or coffee
for two consisting of Ham and Tomato,
cheese & pickle sandwiches served with
egg and bacon pie, quiche, victoria sponge,
jam and cream scone and saffron cake

£24.95

DIETARY REQUIREMENTS / ALLERGENS

Most dishes are available as a gluten free option, please speak to your server if you
have any specific dietary requirements. Fish may contains bones.

V Vegetarian **VG** Vegan Option Available. All food is prepared in a multi-food environment.